

## COVID POLICY

Attendance during a pandemic has changed the rules of school admissions throughout. Atria Medical Institute (AMI) requires all students, faculty and staff to have completed the COVID vaccination series prior to the first class in the program. Students are responsible to self-evaluate when sick. If symptoms associated with COVID-19 are present students should know when to quarantine or isolate.

### Watch for Symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19. Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness.

According to CDC – “Students benefit from in-person learning” and to that end AMI will do all within its powers to maintain in-person learning. Students that do not have symptoms should continue with class. Usage of proper PPEs must always be utilized. Masks are to be properly worn while in the building unless eating or drinking. Eating or drinking should happen only in authorized places.

COVID-19 policy – Students who are experiencing COVID related symptoms should contact the school and report their absence. Students should be tested and self-isolate until test results come in. Students that are positive for COVID should follow CDC guidelines;

Stay home and self-isolate (separate self from others in household)

Contact the school and report COVID positive test so that DPH is notified for contact tracing

- Stay home 10 days since symptoms first appeared **and**

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- 24 hours with no fever without the use of fever-reducing medications **and**
- Other symptoms of COVID-19 are improving\*

*\*Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation*

- As soon as possible after AMI is notified that someone has tested positive for or been diagnosed with COVID-19, school officials will notify [close contacts](#) of exposure, in accordance with applicable privacy and other laws.
- Students, staff, and educators who have been in [close contact](#) with someone who has COVID-19 should receive [diagnostic testing](#) and should begin [quarantine](#). Exceptions include:
  - Someone who has been fully vaccinated and shows no symptoms of COVID-19 does not need to quarantine, but should be tested 3-5 days following a known exposure to someone with suspected or confirmed COVID-19 and wear a mask in public indoor settings for 14 days or until they receive a negative test result

OR

- Someone who has COVID-19 illness within the previous 3 months **and**
- Has recovered **and**
- Remains without COVID-19 symptoms (for example, cough, shortness of breath)
- Any close contacts who test positive for SARS-CoV-2 or who have [symptoms](#) should begin [isolation](#) regardless of vaccination status or prior infection.
- [Diagnostic testing](#) of exposed contacts is a useful strategy to detect new cases, prevent outbreaks, and interrupt the spread of COVID-19.

Per CDC guidelines -People who are fully vaccinated with no COVID-like symptoms do not need to [quarantine](#) or be restricted from work following an exposure to someone with suspected or confirmed COVID-19, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance.

Note that these recommendations **do not** apply to people with severe COVID-19 or with weakened immune systems (immunocompromised).

### DEFINITION:

Quarantine vs. Isolation

- You [quarantine](#) when you might have been exposed to the virus.
- You [isolate](#) when you have been infected with the virus, even if you don't have symptoms.

### Quarantine

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- Quarantine if you have been in [close contact](#) (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID-19, unless you have been [fully vaccinated](#). People who are fully vaccinated do NOT need to quarantine after contact with someone who had COVID-19 unless they have symptoms. However, fully vaccinated people should get tested 3-5 days after their exposure, even if they don't have symptoms and wear a mask indoors in public for 14 days following exposure or until their test result is negative.

### What to do if you have to quarantine

Stay home for 14 days after your last contact with a person who has COVID-19.

Watch for fever (100.4°F), cough, shortness of breath, or [other symptoms](#) of COVID-19.

If possible, stay away from people you live with, especially people who are at [higher risk](#) for getting very sick from COVID-19.

### After quarantine

- Watch for symptoms until 14 days after exposure.
- If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider.

### You may be able to shorten your quarantine

Your local public health authorities make the final decisions about how long quarantine should last, based on local conditions and needs. Follow the recommendations of your local public health department if you need to quarantine. Options they will consider include stopping quarantine

- After day 10 without testing
- After day 7 after receiving a negative test result (test must occur on day 5 or later)

### Isolation

- Isolation is used to separate people infected with COVID-19 from those who are not infected.

People who are in isolation should stay home until it's safe for them to be around others. At home, anyone sick or infected should separate from others, stay in a specific "sick room" or area, and use a separate bathroom (if available).

### What to do

- Monitor your symptoms. If you have an [emergency warning sign](#) (including trouble breathing), seek emergency medical care immediately.
- Stay in a separate room from other household members, if possible.
- Use a separate bathroom, if possible.
- Avoid contact with other members of the household and pets.
- Don't share personal household items, like cups, towels, and utensils.
- [Wear a mask](#) when around other people if able.

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Learn more about [what to do if you are sick](#) and [how to notify your contacts](#).

Someone who tested positive for COVID-19 with a [viral test](#) within the previous 90 days **and** has subsequently recovered **and** remains without COVID-19 symptoms does not need to [quarantine](#). However, close contacts with prior COVID-19 infection in the previous 90 days should:

- [Wear a mask](#) indoors in public for 14 days after exposure.
- Monitor for [COVID-19 symptoms](#) and [isolate](#) immediately if symptoms develop.
- Consult with a healthcare professional for testing recommendations if new symptoms develop.

Informational link: <https://www.cdc.gov/coronavirus/2019-ncov/community/colleges-universities/considerations.html#section2>

I have read the COVID Attendance Policy above, have had a chance to ask questions and have received answers to assure my understanding. Further, I understand that tuition will not be affected if class reverts to virtual for a period of time.

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Signature

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Date

Printed Name: \_\_\_\_\_